

# Wildflowers

## WILDFLOWERS

### LILY FAMILY

#### ROSY TWISTEDSTALK

*Streptopus roseus*

**Identification:** Leaves not clasping at base; rose-colored flowers with white tips; red, round to oblong berries.

**Location:** Paths in cabin area.

[photo Kenton 015]

#### CLASPING TWISTEDSTALK

*Streptopus amplexifolius*

**Identification:** Branched, sometimes bent at nodes, leaves clasping the stem; greenish-white, bell-shaped flowers hanging on thin, kinked stalks, 1-2 from each axil; yellow to red to purple, oblong fruits.

**Location:** Paths in cabin area.

[no photo]

#### STAR-FLOWERED FALSE SOLOMON'S SEAL

*Smilacina stellata*

**Identification:** Creamy white, star-like flowers in terminal cluster; fruits berries with blue-purple stripes.

**Location:** Along paths in cabin area.

[photo 56-144]

#### *Rosy Twistedstalk*



#### *Star-flowered False Solomon's Seal*



## FALSE LILY-OF-THE-VALLEY

*Malanthemum dilatatum*

**Identification:** Heart-shaped leaves, smooth on top, with marked veins; small white flowers with flowers parts in fours, unusual for the lily family; fruits small, round berries, mottled, turning red.

**Location:** Abundant creeping ground cover on flood-plain at Drift Creek; easily confused with wild ginger.

[no photo]

## PURSLANE FAMILY

### CANDY FLOWER

*Claytonia sibirica*

**Identification:** White or pink 5-petal, 2-sepal flowers borne on stems with two opposite leaves; basal leaves lance- or egg-shaped.

**Location:** Very common throughout Drift Creek, especially along entrance road.

**Uses:** Leaves are edible; sometimes called Siberian Miner's Lettuce.

[photo 5-6 113]

### SMALL-LEAVED MONTIA

*Montia parvifolia*

**Identification:** Closely resembles Candy Flower but leaves are smaller and oval-shaped.

**Location:** Fairly common at Drift Creek, especially in the moss covering the trunks of old Sitka spruces near the stream.

[no photo]

## *Candy Flower*



## SAXIFRAGE FAMILY

### FOAMFLOWER

*Tiarella trifoliata*

**Identification:** Main leaves basal, three leaflets; flowers tiny, white at end of wire-like stalks; fruits split to resemble sugar scoops.

**Location:** A nice colony at the west end of the Tabernacle Ridge trail near the entrance road.

[no photo]

### COAST BOYKINIA

*Boykinia elata*

**Identification:** Leaves 5-7 cleft, brown bristles at leaf axils; 5-petal white flowers in open clusters, branches of inflorescence densely glandular and reddish.

**Location:** Very common at Drift Creek along road and paths.

[photo Kenton 004]

### PIGGY-BACK PLANT

*Tolmiea menziesii*

**Identification:** Flowers brownish-purple, resembling little orchids but quite inconspicuous, on long stems; leaves heart-shaped, palmately 5-7 lobed, sometimes with buds at the base of the leaf blade which can grow into new plants, thus the name “piggy-back”.

**Location:** Common along entrance road but easily overlooked.

**Uses:** Common as a house plant; one of the few native plants that can handle the low humidity of modern homes.

[no photo]

## *Coast Boykinia*



## BUTTERCUP FAMILY

### WESTERN BUTTERCUP

*Ranunculus occidentalis*

**Identification:** Leaves 3-lobed; yellow flowers normally 5 petals; fruit achenes with minutely hooked beaks.

**Location:** Common along entrance road.

[photo 5-6 128]

### SMALL-FLOWERED BUTTERCUP

*Ranunculus uncinatus*

**Identification:** Very small yellow flowers on long stems; basal leaves deeply divided into 3 lobes which are again divided into toothed lobes.

**Location:** Along entrance road.

[no photo]

### RED COLUMBINE

*Aquilegia formosa*

**Identification:** Five arched red petals resemble a “quintet of doves around a dish”.

**Location:** A few plants near the bridge.

**Use:** Flowers are very attractive to hummingbirds and butterflies.

[photo 113-1398]

## *Western Buttercup*



## *Red Columbine*



## ROSE FAMILY

### GOAT'SBEARD

*Aruncus dioicus*

**Identification:** Large, fluffy, white flowers on robust perennial plant; large lower leaves 3 times compound, leaflets sharply toothed; male and female flowers on separate plants, densely packed in spikelike branches.

**Location:** Common along entrance road.

**Use:** Widely used in native American medicines.

## CARROT FAMILY

### COW-PARSNIP

*Heracleum lanatum*

**Identification:** Very large hairy perennial; leaves with three large palmately lobed segments; flowers in large flat-topped clusters (umbel); stems hollow (lower stem chambered in poisonous Douglas' Water-hemlock); 1-3 meters tall, with strong pungent odor when mature.

**Location:** Very common at Drift Creek along entrance road and stream.

**Use:** Sap may cause skin damage to light-sensitive people.

[photo 113-1312]

### PACIFIC WATER-PARSLEY

*Oenanthe sarmentosa*

**Identification:** Leaves 2-3 times coarsely pinnately divided; small white flowers.

**Location:** Along the stream.

**Use:** Reputed to contain poisons related to those of water-hemlock.

[no photo]

## *Cow Parsnip*



## WINTERGREEN FAMILY

### WAX-FLOWER, SINGLE DELIGHT

*Moneses uniflora (Pyrola uniflora)*

**Identification:** Delicate, tiny evergreen perennial; basal leaves; white, waxy, fragrant flowers; a real prize plant at Drift Creek.

**Location:** To the left of the trail going east and starting down the hill from Inspiration Point.

[photo 5-6 117]

*Wax Flower*



## WATERLEAF FAMILY

### SILVERLEAF PHACELIA

*Phacelia hastata*

**Identification:** Tall, perennial herb with strongly veined, usually silvery-hairy leaves; flowers white to purple, bell-shaped, stamens sticking out giving the terminal flower cluster a fuzzy appearance.

**Location:** Along entrance road near bridge.

[no photo]

*Self-heal*



## MINT FAMILY

### SELF-HEAL

*Prunella vulgaris*

**Identification:** Purple to pink spike of flowers on a square stem.

**Location:** Common, especially along entrance road.

**Use:** Traditional medicinal uses for healing cuts and bruises.

[photos 5-6 131, 113-1315]

## HEMP-NETTLE

*Galeopsis tetrahit*

**Identification:** Common mint with pale purple spike of flowers, petals fused into a 2-lipped tube, the lower lip 3-lobed.

**Location:** Common everywhere especially along entrance road.

**Use:** Weed of fields, waste places; bristly stem hairs can penetrate the skin causing discomfort, but not as seriously as the Stinging Nettle, *Urtica dioica*, which can be identified by its drooping, greenish flower spikes.

[photos 113-1306, 113-1309]

## FIGWORT FAMILY

### YELLOW MONKEY-FLOWER

*Mimulus guttatus*

**Identification:** Attractive yellow, 2-lipped trumpet-shaped flower, lower lip with crimson to brownish red spots.

**Location:** Along entrance road.

[photo 5-6 124]

### COMMON FOXGLOVE

*Digitalis purpurea*

**Identification:** Pink-purple, sometimes white, flowers on a tall spike.

**Location:** All along the logging roads into Drift Creek.

**Use:** A medicinal plant introduced from Europe; cardiac glycosides highly poisonous, affecting heart tissue and circulation. The heart drug, digitalis, is derived from this plant and can be used to treat heart disease.

[photos 113-1314, 113-1316]

## *Hemp-nettle*



## *Yellow Monkey-flower*



## *Common Foxglove*



## ASTER FAMILY

### ENGLISH DAISY

*Bellis perennis*

**Identification:** Leaves all basal; daisy flowers white-purple.

**Location:** Common everywhere along roads and lawns; introduced from Europe.

[photo 5-6 129]

### SMOOTH HAWKSBEARD

*Crepis capillaris*

**Identification:** Basal leaves stalked, lance-shaped; stem leaves small with clasping flanges at base; flower heads yellow, ray flowers only.

**Location:** A weedy species of disturbed sites, introduced from Europe; a few along entrance road and more along forest road.

[photo 113-1369]

## *English Daisy*



## *Smooth Hawksbeard*



## GINGER FAMILY

### WILD GINGER

*Asarum caudatum*

**Identification:** Trailing evergreen perennial; purplish-brown to greenish-yellow, bell-shaped flower at base of plant; root has a strong ginger taste. See False Lily-of-the-valley for a similar leafy groundcover, with leaves more pointed than wild ginger, and parallel leaf veins.

**Location:** On floodplain and near stream.

[photo 5-6 141]



*Wild Ginger*

## CUCUMBER FAMILY

### MANROOT, WILD CUCUMBER

*Marah oreganus*

**Identification:** Climbing perennial with swollen, woody roots; white, bell-shaped flowers, male and female on same plant; fruits large, football shaped.

**Location:** Very common climbing in shrubs near stream.

photo 113-1329, 112-1292]



*Manroot, Wild Cucumber*